




-  Added Plant Power
-  Vegan
-  Wholemeal

**Week One**  
29/08/2022  
19/09/2022  
10/10/2022  
07/11/2022  
28/11/2022  
19/12/2022  
16/01/2023  
06/02/2023

Option 1  
Option 2  
Vegetables  
Dessert

Cheesy Swirl with New Potatoes  
Tomato Pasta  
Cauliflower Green Beans  
Pear and Chocolate Crumble with Custard

Chicken Curry with Rice  
Aubergine and Potato Curry with Rice  
Peas Sweetcorn  
Yoghurt & Raisin Cake

Roast Turkey, Roast Potatoes and Gravy  
Crunchy Top Veg Bake with Roast Potatoes  
Carrot & Swede Mash Cabbage  
Fresh Fruit and Yoghurt Station

**Build a Burger Day**  
A choice of Beef Burger (meat, or vegan) with Toppings and Potato Wedges  
Sweetcorn Roasted Peppers  
Seasonal Root Cake

Fishfingers/ Salmon Fishfingers with Chips  
Cheese Omelette with Chips  
Peas Baked Beans  
Vanilla Shortbread

Or a choice of Yoghurt & Fresh Fruit available daily

**Week Two**  
05/09/2022  
26/09/2022  
17/10/2022  
14/11/2022  
05/12/2022  
02/01/2023  
23/01/2023

Option 1  
Option 2  
Vegetables  
Dessert

**Mac and Cheese Station**  
A choice of different Mac & Cheese flavours, with meat & vegetarian toppings  
Peas Carrots  
Jelly with Mandarins

Chicken Pie with Mashed Potato  
Veggie Shepherd's Pie with Gravy  
Broccoli Sweetcorn  
Chocolate Drizzle Cake

Sausage, Onions and Gravy with Roast Potatoes  
Cauliflower and Broccoli Cheese with Roast Potatoes  
Carrots Brussel Sprouts  
Fresh Fruit and Yoghurt Station

Spaghetti Bolognese with Garlic Bread  
Vegetable Fajitas with Rice  
Green Beans Roasted Butternut Squash  
Apple & Blackberry Roll with Custard

Fishfingers with Chips  
Mexican Roll with Chips  
Peas Baked Beans  
Oaty Cookie

Or a choice of Yoghurt & Fresh Fruit available daily

**Week Three**  
12/09/2022  
03/10/2022  
31/10/2022  
21/11/2022  
12/12/2022  
09/01/2023  
30/01/2023

Option 1  
Option 2  
Vegetables  
Dessert

Cheese and Tomato Pizza  
Veggie Chilli with Rice  
Green Beans Carrots  
Marble Cake

Sausage Roll with Potato Wedges  
Veggie Sausage with Potato Wedges  
Baked Beans Sweetcorn  
Chocolate Cookie

**Quirky Bird**  
A choice of flavoured chicken or vegan Quorn, With Potato Wedges and Salads  
Cauliflower Peas  
Fresh Fruit and Yoghurt Station

Sticky Chicken Noodles  
Chinese Vegetable Curry with Rice  
Broccoli Carrots  
Banana Sponge with Custard

Fishfingers with Chips  
Cheese Quiche with Chips  
Mushy Peas Baked Beans  
Apple, Cheese and Crackers

Or a choice of Yoghurt & Fresh Fruit available daily

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

**ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.