



## Spirituality at St Sebastian's CE Primary School

### *Growing and Flourishing in mind, body and spirit*



*'Love for Others, Learning in Every Step' (Luke 10:25-37)*

*'Growing and Flourishing in mind, body and spirit, our children are enabled to succeed each step of their journey''*

	Mind	Body	Spirit
<p><b>Link to school values</b></p> <p>Love Respect Aspiration Courage</p>	<p><b>Respect:</b> Children learn to think beyond stereotypes, just as the Samaritan looked past differences. They develop spiritually by recognising the value in every person and understanding that everyone is their 'neighbour'.</p> <p><b>Aspiration:</b> Pupils are encouraged to reflect on how they can make a difference, like the Samaritan who went above and beyond. They begin to form spiritual goals — aspiring to live with purpose and kindness.</p> <p><b>Courage:</b> Through stories and discussions, children develop the courage to challenge what is wrong, just as the Samaritan did. They grow in confidence to speak</p>	<p><b>Love:</b> Pupils are encouraged to show love in practical ways — helping friends, showing kindness and including others. Like the Samaritan, they learn that love is a verb — something we do.</p> <p><b>Respect:</b> In how they treat others daily — in the playground, classroom, or wider community — children embody respect. They learn that actions reflect their inner values.</p> <p><b>Courage:</b> Children are supported to stand up for what is right, even when it's hard — whether it's supporting a classmate or admitting a mistake. They grow in integrity and strength.</p>	<p><b>Love:</b> Children experience the importance of compassion and being loved. Through prayer, reflection and worship, they learn to love others from the heart, just like the Samaritan, who showed love without expecting reward.</p> <p><b>Courage:</b> Spiritually, children are encouraged to trust in God and take brave steps in faith — trying new things, forgiving others, and showing kindness even when it's difficult.</p> <p><b>Aspiration:</b> Pupils begin to sense that they are part of something bigger — that their lives matter. They are inspired to live with hope, aiming to be</p>

	out for others and make wise, moral choices.		people who bring light and goodness into the world.
Our Definition	Understanding the qualities of silence and reflection and the ability to listen	Care for our health and for the health of our planet	Being able to live well with our personal evolution and constant change
	A sense of the worth of others	A sense of self worth	A sense of awe, wonder and mystery about ourselves and the world
	Living well in our 'school family' – understanding its demands, values, practices and celebrations	A joy of life in all its fullness, achievement and play	An awareness of the natural world and its capacity to point beyond itself to God
	Coping well with challenges and loss	Understanding the need for pattern, order and purpose	A sense of the human capacity for choice, decision and responsibility
Planned opportunities for Spiritual Development	<p>PSHE curriculum (wellbeing, mental health awareness)</p> <p>Providing challenging learning through a bespoke, broad and balanced curriculum</p> <p>Knowledge Organisers</p> <p>Staff CPD training</p> <p>Wellbeing</p> <p>School Parliament</p> <p>School Code of Conduct</p> <p>Pupil monitor and leadership roles</p> <p>Playground buddies</p> <p>Phonics and reading buddies</p> <p>Weekly staff meetings</p> <p>Governor support</p> <p>World Book Day</p> <p>School Productions</p> <p>Nurture trained staff</p>	<p>Extra-Curricular sporting activities</p> <p>KS2 Residentials</p> <p>Outdoor Learning</p> <p>Pupil Parliament</p> <p>First News and Newsround- including journalists club</p> <p>Jigsaw RSE curriculum</p> <p>Taking time to notice the small things – rainbow, first daffodils, changes in our beautiful school setting</p> <p>Participation in sporting events and challenges – families, school, Wokingham, TKAT</p> <p>Range of active clubs provide opportunities outside the curriculum</p>	<p>Regular time for prayer, silence, stillness, reflection.</p> <p>Pupil Worship Leaders</p> <p>Class prayer/reflection areas</p> <p>Whole School reflection area</p> <p>RE</p> <p>Collective Worship – leading and evaluating – range of leaders</p> <p>Collective worship team</p> <p>Caring for others – charitable giving</p> <p>Celebrating events within the Church year</p> <p>Remembrance</p> <p>Diocesan and Church links</p> <p>Celebration assemblies</p> <p>Prayer built into the pattern of the day</p>

	Sensory spaces		Annual Leavers' Service Class Capture Books – CW Art Competitions
The Impact	<p>Children become respectful, loving and courageous in their interactions with others. They aspire to be inclusive and achieve so they can enable others to 'grow and flourish'.</p> <p>Children are able to make better choices in their behaviour and actions towards each other</p> <p>Staff have improved mental health</p> <p>Children have an improved awareness of others in the community and are inclusive</p> <p>Children form better friendships</p> <p>Children are more generous and loving- part of our school family</p> <p>Children's behaviour is good</p> <p>There are fewer instances of anxiety amongst our children</p> <p>Pupil questionnaire annually</p>	<p>Children feel supported and have an improved work life balance</p> <p>Children have improved knowledge of the world</p> <p>Children have improved knowledge of their bodies and how to stay healthy</p> <p>Children understand the viewpoints of others and can balance opinion</p> <p>Children take care of each other and their environment to a greater degree.</p> <p>Children show compassion for the world around them and are given a voice to champion their causes within the school community</p> <p>Staff and pupils feel valued and respected</p> <p>Children have improved communication skills and empathy</p> <p>Good uptake for clubs</p>	<p>Children have the confidence to ask deep questions</p> <p>Children are more independent and willing to take risks</p> <p>Children are secure and articulate in expressing their own feelings</p> <p>Staff are secure in expressing their own feelings</p> <p>Staff are secure in leading Collective Worship</p> <p>Children adapt well to changes in their daily life</p> <p>Children are creative and expressive through use of a range of media</p> <p>Children are confident with expressing themselves through prayer and song</p>
What else we could do	Broaden experiences of other places of worship	<p>Develop spirituality with Values day further</p> <p>Develop 'Spacemakers' sites in the internal/external spaces within the school. (Prayer Garden)</p>	